

EXERCISE:

*Goodbye Cocktail Party*⁴⁴

FORMAT:

GROUP
EXERCISE,
ICEBREAKER

TIME: 30 MINREQUIRED MATERIALS: GLASSES OF WATER (ONE PER PARTICIPANT), *OPTIONAL – LOW KEY MUSIC*SUMMARY:

This is a light and fun closing exercise that give participants an opportunity to express their appreciation for each member of the workshop group.

KEY EXPLANATION POINTS:

- Give everyone a glass of water and have them circulate among each other and tell each person in the group what they appreciate about them.
- Every participant should have a chance to speak to every other participant.

FACILITATION NOTES:

This is a simple but very warm way of giving each participant an opportunity to thank the others for the gift of their presence and for their support.