

## Session 9:

# *Recommendations*

TIME: 60 MINUTES

### ACTIVITIES:

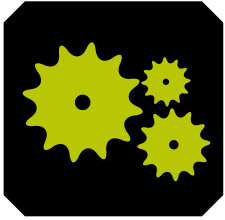
*Group exercise to develop recommendations and discussion.*

### SESSION OBJECTIVES:

– to identify and develop key recommendations for organisations and movements on specific aspects of safety and well-being of women human rights defenders.

### ADAPTATION NOTES:

none



EXERCISE:

PAGE 1/2

FORMAT:

GROUP  
EXERCISE,  
AND PRE-  
SENTATION

# *Recommendations*

TIME: 60 MIN

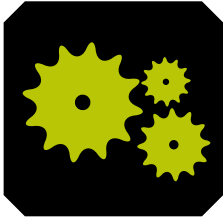
REQUIRED MATERIALS: FLIPCHART PAPER AND MARKER PENS.

## SUMMARY:

*An exercise to pull together detailed recommendations on the integrated security priorities of workshop participants for organisations, movements and supporting bodies.*

## KEY EXPLANATION POINTS:

- begin with a brainstorm on specific priority themes that participants want to develop to take back to their organisations and movements;
- break into groups of four (three if there is enough time) and develop the recommendations from the brainstorm into specific steps that should be taken to implement them; and
- take each step, and answer each of the following questions:
  1. What can you/your organisation do to implement this recommendation step?
  2. What can your network/movement do to implement this recommendation step?
  3. What can international organisations do to implement this recommendation step?



EXERCISE:

PAGE 2/2

FORMAT:

GROUP EXERCISE, AND PRESENTATION

# Recommendations

WORKSHOP EXAMPLE:

**Recommendation:** address the threat of sexual and gender-based violence against women human rights defenders in the region

<i>Recommendation steps</i>	<i>What can you or your organisation do to implement the recommendation?</i>	<i>What can your network/movement do to implement the recommendation?</i>	<i>What can international organisations do to implement the recommendation?</i>
<i>Prevention (before)</i>			
<ul style="list-style-type: none"> <li>• Self-defence training (physical and legal preparation)</li> </ul>	<ul style="list-style-type: none"> <li>• Organise training: conduct a needs assessment; choose trainers; select locations; prepare modules</li> </ul>	<ul style="list-style-type: none"> <li>• Exchange of experience</li> <li>• Participation in trainings</li> </ul>	<ul style="list-style-type: none"> <li>• Financial support</li> <li>• Experience in self-defence training</li> </ul>
<ul style="list-style-type: none"> <li>• Legal preparation</li> <li>• Information on the laws protecting victims of violence</li> </ul>	<ul style="list-style-type: none"> <li>• Information meetings, booklets, pamphlets, menstrual calendars (with information on the back), television and radio programmes, work with the media</li> </ul>	<ul style="list-style-type: none"> <li>• Preparation and dissemination of information</li> </ul>	<ul style="list-style-type: none"> <li>• Make use of international experience</li> </ul>
<i>In case of an attack (immediate response)</i>			
<ul style="list-style-type: none"> <li>• Activate human rights network, support group, hospital</li> </ul>	<ul style="list-style-type: none"> <li>• Legal support (contact a pro bono lawyer)</li> <li>• Acquire information on hotlines</li> </ul>	<ul style="list-style-type: none"> <li>• Provide information</li> </ul>	<ul style="list-style-type: none"> <li>• Moral support</li> <li>• Rapid response</li> </ul>
<i>After an attack</i>			
<ul style="list-style-type: none"> <li>• Gather all evidence/documentation to bring to court</li> </ul>	<ul style="list-style-type: none"> <li>• Lawyers for defence</li> <li>• Psychological support</li> </ul>	<ul style="list-style-type: none"> <li>• Moral support</li> <li>• Psycho-social Rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>• Help to influence court decision</li> <li>• Support rehabilitation process</li> <li>• Prevention funds for lawyers and social workers etc.</li> </ul>
Rehabilitation for the family	Visits to the activists' family (to give psychological and moral support)	Provide bulletins on legal protection to violence survivors	